

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #1 Women 18+ 400 Yard Free Relay

Team	Relay	Finals Time	
1 MWM-IA	A	4:27.56	
Huey, Layne W24	Holten, Chelsey W19		
Raymon, Rachel W23	Mickelson, Amanda W22		
		29.32	1:02.35
		30.15	1:04.67
		34.63	1:14.50
		30.78	1:06.04

## #1 Women 25+ 400 Yard Free Relay

1 MWM-IA	B	4:14.16	
Sears, Maria W27	Kilgore, Sara W34		
Meyer, Carrie W31	Meyer, Camille W33		
		31.45	1:12.72
		23.81	57.43
		30.44	1:07.30
		27.05	56.71

## #1 Women 35+ 400 Yard Free Relay

1 MWM-IA	C	4:34.37	
Hanson, Louise W45	Dennis, Wendy W39		
Lewis, Elisa W46	Stapley, Denise W39		
		30.30	1:02.83
		29.60	1:04.96
		34.91	1:15.09
		33.49	1:11.49
2 MWM-IA	D	5:04.25	
Kann, Julie W42	Schneidermann, Tanya W4		
Greco, Liesa W43	Ungs, Janet W52		
		36.04	1:15.95
		34.69	1:14.50
		37.93	1:20.42
		34.77	1:13.38

## #2 Men 18+ 400 Yard Free Relay

1 MWM-IA	A	4:19.97	
Sorensen, Jacob M24	Goldsmith, Craig M27		
Weber, Bret M25	Brink, Beau M27		
		25.68	51.79
		31.20	1:07.38
		28.30	1:00.50
		1:20.30	

## #2 Men 25+ 400 Yard Free Relay

1 MWM-IA	C	5:07.22	
Willits, Dave M44	Ashley, Jim M40		
Ballou, Keith M44	Mendoza, Tonatiuh M25		
		25.59	53.47
		32.55	1:11.53
		36.86	1:21.95
		45.28	1:40.27

## #2 Men 35+ 400 Yard Free Relay

1 MWM-IA	B	3:54.68	
Tyler, Chris M40	Kilgore, Jerald M35		
Breffle, Barry M39	Lewis, Mark M45		
		25.96	55.22
		28.22	59.64
		27.51	58.10
		29.68	1:01.72

## #2 Men 45+ 400 Yard Free Relay

1 MWM-IA	D	4:32.58	
Morosky, Frank M50	Hill, John M46		
Gierut, Ron M52	Green, Thomas M52		
		29.39	1:01.27
		31.33	1:05.29
		32.84	1:08.64
		37.89	1:17.38

## #2 Men 55+ 400 Yard Free Relay

1 MWM-IA	E	5:00.40	
Fritts, Jack M59	Gronemeyer, Steven M63		
Gearhart, Nick M58	Sheehy, Michael M62		
		31.75	1:04.54
		33.58	1:10.52
		39.37	1:28.39
		35.64	1:16.95

## #3 Women 60-64 200 Yard Back

State: 3:16.12 1996 Dorothy Whitehead			
1 Lane, Virginia	63 IOWA-IA	4:45.12	
		1:08.74	1:13.45
		2:22.93	

## #4 Men 45-49 200 Yard Back

State: 2:09.47 2009 Tom Belin			
1 Belin, Tom	48 MWM-IA	2:10.29	
		30.16	32.58
		33.30	34.25
2 Campbell, Chris	49 MVM-PC	2:40.58	
		39.26	39.77
		40.72	40.83

## #4 Men 50-54 200 Yard Back

State: 2:17.92 2008 Steven Lentz			
1 Kealy, Daniel	51 SWIM-IA	2:18.59	
		31.37	33.90
		35.56	37.76

## #4 Men 55-59 200 Yard Back

State: 2:30.00 2004 Roger Jorgensen			
1 Bower, Norman	56 QCM-IA	2:51.79	
		36.75	43.04
		45.63	46.37
2 Gearhart, Nick	58 MWM-IA	3:03.54	
		42.79	46.60
		47.38	46.77

## #4 Men 60-64 200 Yard Back

State: 3:11.59 2010 Steven Gronemeyer			
1 Gronemeyer, Steven	63 MWM-IA	3:11.59	
		46.25	48.29
		48.96	48.09
2 Anderson, Allen	62 CIA-IA	3:35.17	
		47.53	52.29
		55.92	59.43

## #5 Women 18+ 200 Yard Medley Relay

1 MWM-IA	A	2:17.66	
Raymon, Rachel W23	Holten, Chelsey W19		
Huey, Layne W24	Mickelson, Amanda W22		
		39.56	36.16
		31.60	30.34

## #5 Women 25+ 200 Yard Medley Relay

1 MWM-IA	B	2:10.31	
Sears, Maria W27	Meyer, Camille W33		
Lapointe, Allie W31	Meyer, Carrie W31		
		30.83	35.30
		33.57	30.61
2 MWM-IA	C	2:28.14	

		Dennis, Wendy W39	Stapley, Denise W39
		Kann, Julie W42	Kilgore, Sara W34
		34.53	46.07
		38.88	28.66

## #5 Women 35+ 200 Yard Medley Relay

1 MWM-IA	D	2:37.61	
Ungs, Janet W52	Schneidermann, Tanya W40		
Hanson, Louise W45	Gierut, Dottie L W52		
		42.39	44.09
		32.74	38.39
--- MWM-IA	E	NS	

## #6 Men 18+ 200 Yard Medley Relay

1 MWM-IA	A	2:02.55	
Lewis, Mark M45	Breffle, Barry M39		
Sorensen, Jacob M24	Goldsmith, Craig M27		
		31.48	34.14
		26.34	30.59

## #6 Men 35+ 200 Yard Medley Relay

1 MWM-IA	B	1:56.74	
Belin, Tom M48	Brown, Jeff M52		
Willits, Dave M44	Kilgore, Jerald M35		
		29.16	32.77
		27.80	27.01

## #6 Men 45+ 200 Yard Medley Relay

1 MWM-IA	C	2:26.21	
Morosky, Frank M50	Hill, John M46		
Gierut, Ron M52	Green, Thomas M52		
		34.33	41.15
		37.04	33.69

## #6 Men 55+ 200 Yard Medley Relay

1 MWM-IA	D	2:19.71	
Gearhart, Nick M58	Fritts, Jack M59		
Proctor, Tom M60	Gronemeyer, Steven M63		
		39.18	38.67
		28.15	33.71

## #7 Women 40-44 100 Yard Fly

State: 1:03.46 2007 Blanca Castillo-Lehnert			
1 Sherlock, Ann L	40 MOVY-MV	1:13.68	
		34.27	39.41

## #8 Men 18-24 100 Yard Fly

State: 54.05 1995 Kelly Hackett			
1 Sorensen, Jacob	24 MWM-IA	58.57	
		28.12	30.45

## #8 Men 40-44 100 Yard Fly

State: 56.93 2010 Joe Barger			
1 Barger, Joe	43 MWM-IA	56.93	
		26.27	30.66
2 Tyler, Chris	40 MWM-IA	1:02.02	
		29.10	32.92
3 Lindsey, Tom	41 ICFE-IA	1:07.60	
		31.42	36.18

## #8 Men 45-49 100 Yard Fly

State: 59.50 2009 Tim Brown			
1 Lewis, Mark	45 MWM-IA	1:04.60	
		30.56	34.04

## #8 Men 50-54 100 Yard Fly

State: 1:01.64 2007 Tom Kealy			
1 Kealy, Tom	53 SWIM-IA	1:04.21	
		30.16	34.05
2 Morosky, Frank	50 MWM-IA	1:08.72	
		31.63	37.09
3 Brown, Jeff	52 MWM-IA	1:34.18	
		38.41	55.77

## #9 Women 18-24 200 Yard Breast

State: 2:51.61 1989 Penny Wall			
1 Mickelson, Amanda	22 MWM-IA	3:11.07	
		40.65	46.63
		50.50	53.29

## #9 Women 40-44 200 Yard Breast

State: 2:45.33 1988 Ginger Pierson			
1 McNeilly, Cheryl	43 ICE-IA	3:05.41	
		41.16	47.19
		49.36	47.70

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #9 Women 45-49 200 Yard Breast

State: 2:57.84 2008 Mary Davenport

--- Armstrong, Tonya 48 MMS-IA NS

## #9 Women 50-54 200 Yard Breast

State: 3:23.36 2010 Amy Groskopf

1 Groskopf, Amy 51 QCM-IA 3:23.36  
44.40 51.41 54.19 53.36

## #9 Women 70-74 200 Yard Breast

State: 4:51.60 2000 Jodie McKay

1 Sharp, Glenda 74 MWM-IA 6:45.81  
1:28.11 1:46.49 1:48.69 1:42.52

## #10 Men 45-49 200 Yard Breast

State: 2:26.56 2003 Steve Hugo

1 Huesbener, Wayne 47 IOWA-IA 2:38.02  
36.73 40.15 41.18 39.96  
2 Hill, John 46 MWM-IA 3:09.17  
43.03 46.70 50.42 49.02

## #10 Men 50-54 200 Yard Breast

State: 2:31.31 2008 Steve Hugo

1 Jones, Steven 51 UNAT 2:39.41  
35.39 39.28 41.72 43.02

## #10 Men 55-59 200 Yard Breast

State: 2:50.32 2009 Ron Spurrier

1 Campana, James 58 ELGIN-IL 2:45.02  
33.35 38.76 43.89 49.02  
2 Klahn, Bill 56 MWM-IA 3:17.08  
45.05 50.04 51.43 50.56

## #11 Women 18-24 50 Yard Free

State: 25.51 2006 Jessica Crawford

1 Huey, Layne 24 MWM-IA 28.42  
2 Raymon, Rachel 23 MWM-IA 33.71

## #11 Women 25-29 50 Yard Free

State: 24.87 1996 Debbie Lynch

1 Sears, Maria 27 MWM-IA 26.01  
2 Schmutz, Kimberly 28 WIMPS-IL 26.71  
3 Gregory, Amanda 28 MWM-IA 34.49

## #11 Women 30-34 50 Yard Free

State: 25.52 1996 Rachel Windsor

1 Kilgore, Sara 34 MWM-IA 28.22  
2 Meyer, Carrie 31 MWM-IA 30.21  
3 Meyer, Camille 33 MWM-IA 30.29  
4 Lapointe, Allie 31 MWM-IA 30.40

## #11 Women 35-39 50 Yard Free

State: 25.59 1998 Rachel Windsor

1 Stapley, Denise 39 MWM-IA 34.89

## #11 Women 40-44 50 Yard Free

State: 25.96 2005 Susan Rognes

1 Delaet, Debra 42 ICE-IA 31.53  
2 Greco, Liesa 43 MWM-IA 35.94  
3 Rausch, Jody 41 MWM-IA 38.85  
4 Pettitt, Michelle 41 MWM-IA 51.75

--- Salisbury, Lynn 42 ICE-IA NS

## #11 Women 45-49 50 Yard Free

State: 29.62 2008 Mary Davenport

1 Ryan, Sara 47 QCM-IA 32.62  
2 Lewis, Elisa 46 MWM-IA 32.67

## #11 Women 50-54 50 Yard Free

State: 31.40 2007 Mary Weideman

1 Unga, Janet 52 MWM-IA 33.55

## #11 Women 55-59 50 Yard Free

State: 33.93 1985 Floy Kiebel

1 Kaelber, Candice 59 UNAT 34.20

## #11 Women 80-84 50 Yard Free

State: 46.00 2010 Judy Chadima

1 Chadima, Judy 80 MWM-IA 46.00

## #12 Men 25-29 50 Yard Free

State: 20.91 2005 Peder Skoog

1 Sinnott, Matt 25 MWM-IA 24.12  
2 Goldsmith, Craig 27 MWM-IA 30.45  
3 Brink, Beau 27 MWM-IA 34.29  
4 Mendoza, Tonatiuh 25 MWM-IA 38.04

## #12 Men 30-34 50 Yard Free

State: 21.83 2004 Jason Hansen

1 Grafft, Clay 30 WIMPS-IL 23.87  
2 Llado, Lucas 33 ICE-IA 26.63  
3 Bowers, Ben 31 MWM-IA 27.39

## #12 Men 35-39 50 Yard Free

State: 22.94 2006 Joe Barger

1 Kilgore, Jerald 35 MWM-IA 26.62  
2 Roberts, Christopher 39 UNAT 33.22

## #12 Men 40-44 50 Yard Free

State: 22.98 2007 Joe Barger

1 Barger, Joe 43 MWM-IA 23.41  
2 Lindsey, Tom 41 ICFE-IA 26.08  
3 Walther, Daniel 44 UNAT 28.07  
4 Ashley, Jim 40 MWM-IA 31.64  
--- Ballou, Keith 44 MWM-IA NS

## #12 Men 45-49 50 Yard Free

State: 22.55 2009 David Ross

1 Clauss, Jeff 49 QCM-IA 29.28

## #12 Men 50-54 50 Yard Free

State: 24.34 2003 Steve Shippey

1 Kealy, Daniel 51 SWIM-IA 25.81  
2 Kealy, Tom 53 SWIM-IA 26.66  
3 Green, Thomas 52 MWM-IA 33.27

## #12 Men 55-59 50 Yard Free

State: 25.53 1989 Dennis Roberson

1 Eggar, Jack 57 ELGIN-IL 25.07  
2 Gearhart, Nick 58 MWM-IA 32.68  
3 Jasper, Duane 59 UNAT 33.95  
4 Ryan, Martin 59 UNAT 38.10  
--- Campana, James 58 ELGIN-IL NS

## #12 Men 60-64 50 Yard Free

State: 27.97 2005 Eric Fruin

1 Anderson, Allen 62 CIA-IA 35.87  
2 Sheehy, Michael 62 MWM-IA 39.63  
--- Proctor, Tom 60 MWM-IA DQ

## #13 Mixed 18+ 200 Yard Free Relay

1 MWM-IA A 2:04.44  
Sorensen, Jacob M24 Holten, Chelsey W19  
Huey, Layne W24 Goldsmith, Craig M27  
28.65 34.51 33.14 28.14

## #13 Mixed 25+ 200 Yard Free Relay

1 MWM-IA B 2:01.52  
Kilgore, Sara W34 Meyer, Carrie W31  
Brink, Beau M27 Weber, Bret M25  
28.75 30.38 28.04 34.35  
2 MWM-IA G 2:21.10  
Gearhart, Nick M58 Gregory, Amanda W28  
Gronemeyer, Steven M63 Hannon, Barbara W59  
1:07.66 34.70 38.74

## #13 Mixed 35+ 200 Yard Free Relay

1 MWM-IA F 1:53.10  
Willits, Dave M44 Belin, Tom M48  
Hanson, Louise W45 Lewis, Elisa W46  
24.38 29.07 26.95 32.70  
2 MWM-IA C 1:54.92  
Kilgore, Jerald M35 Breffle, Barry M39  
Dennis, Wendy W39 Stapley, Denise W39  
27.38 26.39 28.65 32.50  
3 MWM-IA D 1:59.21  
Tyler, Chris M40 Lewis, Mark M45  
Kann, Julie W42 Schneidermann, Tanya W46  
32.76 26.80 34.74 24.91  
4 MWM-IA E 2:38.24  
Ashley, Jim M40 Ballou, Keith M44  
Greco, Liesa W43 Rausch, Jody W41  
33.72 35.96 49.84 38.72

## #13 Mixed 45+ 200 Yard Free Relay

1 QCM-IA A 1:52.86  
Bower, Norman M56 Clauss, Jeff M49  
Ryan, Sara W47 Groskopf, Amy W51  
26.69 27.94 31.72 26.51

## #15 Women 25-29 200 Yard IM

State: 2:15.19 2007 Jessica Crawford

1 Sears, Maria 27 MWM-IA 2:22.62  
30.05 35.39 44.14 33.04

## #15 Women 40-44 200 Yard IM

State: 2:26.16 2007 Sarah Patterson

1 McNeilly, Cheryl 43 ICE-IA 2:50.26  
37.93 43.97 48.64 39.72

## #15 Women 45-49 200 Yard IM

State: 2:35.97 2010 Louise Hanson

1 Hanson, Louise 45 MWM-IA 2:35.97  
34.45 38.72 47.83 34.97

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #16 Men 18-24 200 Yard IM

State: 2:08.63 2010 Jacob Sorensen

1	Sorensen, Jacob	24	MWM-IA	2:08.63
		28.13	33.53	38.02 28.95

## #16 Men 30-34 200 Yard IM

State: 2:01.40 1999 Rob Leyshon

1	Llado, Lucas	33	ICE-IA	2:40.61
		33.97	40.22	49.52 36.90

## #16 Men 35-39 200 Yard IM

State: 2:06.73 1993 Bryan Volpp

1	Breffle, Barry	39	MWM-IA	2:29.55
		29.72	40.70	43.55 35.58

## #16 Men 40-44 200 Yard IM

State: 2:12.42 2009 Andy Edwards

1	Willits, Dave	44	MWM-IA	2:19.00
		29.44	36.53	41.14 31.89

## #16 Men 45-49 200 Yard IM

State: 2:18.16 2009 Tom Belin

1	Belin, Tom	48	MWM-IA	2:23.96
		32.04	35.90	41.55 34.47
2	Huesbener, Wayne	47	IOWA-IA	2:26.46
		31.83	40.25	40.62 33.76

## #16 Men 50-54 200 Yard IM

State: 2:22.39 2008 Steve Hugo

1	Jones, Steven	51	UNAT	2:30.30
		32.29	40.20	41.80 36.01

## #16 Men 55-59 200 Yard IM

State: 2:29.74 2008 Jack Fritts

1	Ryan, Martin	59	UNAT	4:02.04
		49.10	1:00.79	1:15.19 56.96

## #17 Women 25-29 200 Yard Free

State: 2:03.82 2007 Jessica Crawford

1	Gregory, Amanda	28	MWM-IA	3:14.31
		41.33	49.09	52.31 51.58

## #17 Women 30-34 200 Yard Free

State: 2:03.21 1997 Rachel Windsor

1	Meyer, Carrie	31	MWM-IA	2:42.21
		34.32	40.99	44.10 42.80

## #17 Women 40-44 200 Yard Free

State: 2:05.96 2006 Rachel Stauffer

1	Schneidermann, Tanya	40	MWM-IA	2:45.81
		38.03	42.20	43.03 42.55
2	Rausch, Jody	41	MWM-IA	3:14.29
		41.63	46.88	53.54 52.24

## #17 Women 45-49 200 Yard Free

State: 2:31.52 2006 Judy Kacena

---	Armstrong, Tonya	48	MMS-IA	NS
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## #17 Women 50-54 200 Yard Free

State: 2:27.82 2007 Luanne Beinke

1	Finseth, Ann	53	MNS-MN	3:01.04
		42.72	44.81	45.82 47.69
2	Gierut, Dottie L	52	MWM-IA	3:19.89
		42.33	48.63	54.32 54.61

## #17 Women 55-59 200 Yard Free

State: 2:55.97 1985 Judy Chadima

1	Hannon, Barbara	59	MWM-IA	3:09.03
		44.51	46.04	47.45 51.03
2	Kaelber, Candice	59	UNAT	3:12.34
		42.40	1:38.40	52.00

## #17 Women 60-64 200 Yard Free

State: 2:57.10 2009 Pearl Cox

1	Lane, Virginia	63	IOWA-IA	4:00.21
		55.29	1:01.79	1:02.92 1:00.21

## #17 Women 70-74 200 Yard Free

State: 3:19.30 2001 Marilyn McKee

1	Sharp, Glenda	74	MWM-IA	5:25.35
		1:12.63	1:25.71	1:28.28 1:18.73

## #18 Men 25-29 200 Yard Free

State: 1:39.93 2005 Peder Skoog

1	Weber, Bret	25	MWM-IA	2:18.69
		30.14	33.96	36.53 38.06
2	Goldsmith, Craig	27	MWM-IA	2:36.57
		33.19	38.89	41.44 43.05
3	Garson, Trevor	25	MWM-IA	2:49.97
		35.90	41.18	45.55 47.34
4	Mendoza, Tonatiah	25	MWM-IA	3:02.01
		39.94	44.70	48.10 49.27
5	Brink, Beau	27	MWM-IA	3:11.76
		38.90	47.18	52.63 53.05

## #18 Men 35-39 200 Yard Free

State: 1:52.75 1997 Dan Bartlett

1	Roberts, Christopher	39	UNAT	3:01.09
		39.10	47.73	49.09 45.17

## #18 Men 45-49 200 Yard Free

State: 2:01.00 2005 Dan Kealy

1	Campbell, Chris	49	MVM-PC	2:16.16
		32.40	33.77	34.53 35.46
2	Hill, John	46	MWM-IA	2:29.59
		34.23	37.18	39.38 38.80

## #18 Men 50-54 200 Yard Free

State: 1:59.71 1998 Roger Jorgensen

1	Kealy, Tom	53	SWIM-IA	2:02.26
		28.35	30.84	31.62 31.45
2	Gierut, Ron	52	MWM-IA	2:25.92
		33.57	36.77	38.43 37.15

## #18 Men 55-59 200 Yard Free

State: 2:08.64 2008 Jack Fritts

1	Eggar, Jack	57	ELGIN-IL	2:03.25
		27.87	30.42	32.36 32.60

2	Fritts, Jack	59	MWM-IA	2:13.73
		32.31	33.79	34.28 33.35
3	Jasper, Duane	59	UNAT	2:49.27
		36.46	42.30	45.82 44.69

## #18 Men 60-64 200 Yard Free

State: 2:24.00 1995 J.C. Brenton

1	Gronemeyer, Steven	63	MWM-IA	2:40.43
		37.87	40.03	41.53 41.00
2	Sheehy, Michael	62	MWM-IA	3:39.90
		45.55	54.84	1:00.60 58.91

## #19 Women 25-29 100 Yard Back

State: 1:02.33 2008 Jessica Crawford

1	Schmugge, Kimberly	28	WIMPS-IL	1:05.84
		32.00	33.84	

## #19 Women 35-39 100 Yard Back

State: 1:08.33 2004 Sarah Patterson

1	Dennis, Wendy	39	MWM-IA	1:14.06
		35.58	38.48	

## #19 Women 40-44 100 Yard Back

State: 1:10.21 2007 Sarah Patterson

1	Fox, Elizabeth	41	QCM-IA	1:24.04
		40.27	43.77	
2	Delaet, Debra	42	ICE-IA	1:24.33
		41.01	43.32	

## #19 Women 60-64 100 Yard Back

State: 1:29.63 1995 Dorothy Whitehead

1	Lane, Virginia	63	IOWA-IA	2:15.13
		1:06.44	1:08.69	

## #20 Men 45-49 100 Yard Back

State: 56.11 2009 David Ross

1	Belin, Tom	48	MWM-IA	1:00.67
		29.58	31.09	
2	Lewis, Mark	45	MWM-IA	1:08.78
		33.61	35.17	

## #20 Men 50-54 100 Yard Back

State: 1:02.60 2010 Daniel Kealy

1	Kealy, Daniel	51	SWIM-IA	1:02.60
		30.04	32.56	
2	Morosky, Frank	50	MWM-IA	1:12.43
		35.72	36.71	
3	Jones, Steven	51	UNAT	1:15.48
		36.77	38.71	

## #20 Men 55-59 100 Yard Back

State: 1:08.82 2005 Roger Jorgensen

1	Bower, Norman	56	QCM-IA	1:14.55
		35.00	39.55	
2	Gearhart, Nick	58	MWM-IA	1:33.22
		45.46	47.76	

## #20 Men 60-64 100 Yard Back

State: 1:16.52 2010 Tom Proctor

1	Proctor, Tom	60	MWM-IA	1:16.52
		37.64	38.88	

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## Results

## #20 Men 60-64 100 Yard Back

2	Gronemeyer, Steven	63	MWM-IA	1:33.90
		47.39	46.51	
3	Anderson, Allen	62	CIA-IA	1:34.80
		45.02	49.78	

## #21 Women 18-24 50 Yard Breast

State: 33.46 1995 Kelly McGrew

1	Mickelson, Amanda	22	MWM-IA	38.65
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## #21 Women 30-34 50 Yard Breast

State: 34.31 1991 Amy Groskopf

1	Meyer, Camille	33	MWM-IA	35.90
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## #21 Women 35-39 50 Yard Breast

State: 33.58 2003 Susan Rognes

1	Stapley, Denise	39	MWM-IA	48.30
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## #21 Women 40-44 50 Yard Breast

State: 34.17 2005 Susan Rognes

1	Kann, Julie	42	MWM-IA	41.85
2	Schneidermann, Tanya	40	MWM-IA	45.02
3	Fox, Elizabeth	41	QCM-IA	49.72
4	Pettitt, Michelle	41	MWM-IA	1:16.07

## #21 Women 45-49 50 Yard Breast

State: 34.45 2002 Luanne Beinke

1	Ryan, Sara	47	QCM-IA	46.20
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## #21 Women 50-54 50 Yard Breast

State: 41.62 2008 Mary Weideman

1	Groskopf, Amy	51	QCM-IA	42.35
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## #21 Women 70-74 50 Yard Breast

State: 57.69 2000 Jodie McKay

1	Sharp, Glenda	74	MWM-IA	1:18.48
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## #22 Men 25-29 50 Yard Breast

State: 27.38 1998 Rob Leyshon

1	Sinnott, Matt	25	MWM-IA	31.38
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## #22 Men 30-34 50 Yard Breast

State: 27.60 1999 Rob Leyshon

1	Grafft, Clay	30	WIMPS-IL	29.19
2	Bowers, Ben	31	MWM-IA	36.33

## #22 Men 35-39 50 Yard Breast

State: 30.32 1984 James Bartlett

---	Roberts, Christopher	39	UNAT	NS
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## #22 Men 40-44 50 Yard Breast

State: 30.75 1999 James Bartlett

1	Willits, Dave	44	MWM-IA	32.96
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## #22 Men 50-54 50 Yard Breast

State: 31.40 2008 Steve Hugo

1	Brown, Jeff	52	MWM-IA	33.51
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## #22 Men 55-59 50 Yard Breast

State: 33.95 2009 Ron Spurrier

1	Klahn, Bill	56	MWM-IA	34.88
---	Campana, James	58	ELGIN-IL	NS

## #23 Women 35-39 400 Yard IM

State: 5:02.78 2003 Sarah Patterson

1	Vorkies, Stacey	39	MNS-MN	5:34.23
		34.06	42.13	44.50
		48.21	50.12	35.91
				36.70

## #23 Women 45-49 400 Yard IM

State: 5:30.14 2010 Louise Hanson

1	Hanson, Louise	45	MWM-IA	5:30.14
		36.09	39.08	40.98
		48.79	49.79	37.11
				35.70

## #24 Men 35-39 400 Yard IM

State: 4:29.61 1993 Bryan Volpp

1	Breffle, Barry	39	MWM-IA	5:24.25
		33.15	40.41	44.74
		45.18	44.28	37.10
				35.97

## #24 Men 45-49 400 Yard IM

State: 5:03.24 2008 Tom Belin

1	Huesbener, Wayne	47	IOWA-IA	5:13.94
		32.62	38.06	43.27
		43.80	43.90	36.59
				33.24
2	Campbell, Chris	49	MVM-PC	5:50.43
		34.43	40.70	49.33
		51.85	51.43	37.68
				37.56
---	Lewis, Mark	45	MWM-IA	NS

## #24 Men 50-54 400 Yard IM

State: 5:00.28 2007 Roger Jorgensen

---	Jones, Steven	51	UNAT	NS
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## #24 Men 55-59 400 Yard IM

State: 5:11.92 2007 Jack Fritts

1	Fritts, Jack	59	MWM-IA	5:21.01
		34.82	38.38	42.30
		46.49	46.47	35.74
				34.81

## #25 Women 18-24 500 Yard Free

State: 5:27.83 1987 Judy E. White

1	Holtzen, Chelsey	19	MWM-IA	6:34.92
		34.65	38.55	38.86
		40.61	40.42	40.23
		40.66	39.70	

## #25 Women 25-29 500 Yard Free

State: 5:26.12 2007 Jessica Crawford

1	Gregory, Amanda	28	MWM-IA	8:59.21
		45.61	52.06	53.93
		55.59	57.62	57.02
		57.00	49.49	56.76

## #25 Women 40-44 500 Yard Free

State: 5:37.73 2006 Rachel Stauffer

1	Rausch, Jody	41	MWM-IA	8:27.26
		43.12	49.89	52.04
		51.97	53.85	50.76
		52.24	49.22	52.52

## #25 Women 45-49 500 Yard Free

State: 6:12.18 2003 Luanne Beinke

---	Armstrong, Tonya	48	MMS-IA	NS
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## #25 Women 50-54 500 Yard Free

State: 6:18.68 2004 Luanne Beinke

1	Groskopf, Amy	51	QCM-IA	8:08.62
		38.62	43.98	48.13
		51.29	51.16	51.66
		50.94	50.94	
2	Finseth, Ann	53	MNS-MN	8:15.99
		46.37	46.98	49.15
		48.82	49.07	50.01
		53.47	50.45	49.02
3	Gierut, Dottie L	52	MWM-IA	9:59.27
		47.51	55.32	59.71
		1:03.77	1:02.79	1:02.18
		1:01.49	1:00.84	1:04.10

## #25 Women 55-59 500 Yard Free

State: 7:57.91 1988 Parkie Copeland

1	Hannon, Barbara	59	MWM-IA	8:41.60
		47.32	51.32	53.46
		53.92	53.65	53.68
		51.39	50.41	52.88

## #25 Women 60-64 500 Yard Free

State: 7:34.63 2009 Pearl Cox

1	Lane, Virginia	63	IOWA-IA	10:27.61
		56.81	1:02.66	1:04.35
		1:04.65	1:03.59	1:03.96
		1:02.71	59.92	1:04.61

## #26 Men 25-29 500 Yard Free

State: 4:59.23 1995 Mats Nygren

1	Richey, Joey	28	MWM-IA	6:48.58
		40.40	45.68	45.96
		46.77	46.69	46.49
		43.93	0.31	46.11
2	Weber, Bret	25	MWM-IA	6:51.00
		35.88	38.99	40.44
		41.99	43.05	42.45
		42.66	41.16	42.61
3	Goldsmith, Craig	27	MWM-IA	7:16.82
		35.00	40.37	41.79
		45.03	46.40	45.84
		47.60	44.14	46.98
4	Mendoza, Tonatiuh	25	MWM-IA	8:01.76
		43.37	46.03	48.37
		48.24	50.32	49.56
		49.30	46.50	49.86
5	Garson, Trevor	25	MWM-IA	8:06.15
		38.68	44.25	48.22
		50.01	51.06	51.72
		52.30	48.78	52.18

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #26 Men 30-34 500 Yard Free

State: 5:00.08 1997 Tomasz Gawronski

1	Llado, Lucas	33	ICE-IA	6:14.68
		35.06	37.28	37.82
		37.68	37.88	38.29
		37.49	36.73	38.16

## #26 Men 35-39 500 Yard Free

State: 5:11.59 2009 Andrew Saulnier

1	Brefle, Barry	39	MWM-IA	5:55.69
		31.94	34.72	35.55
		36.56	36.73	37.05
		35.89	35.01	36.14
2	Kilgore, Jerald	35	MWM-IA	6:28.06
		32.55	35.52	37.13
		39.87	40.18	40.41
		42.08	40.18	41.22
3	Roberts, Christopher	39	UNAT	8:16.77
		40.43	48.54	49.63
		49.67	50.09	50.10
		49.50	59.87	49.15

## #26 Men 40-44 500 Yard Free

State: 5:22.94 2003 Paul Brown

1	Ruther, Brent	42	BEAST-IA	5:38.75
		30.19	32.98	33.79
		34.23	34.18	34.69
		35.58	34.35	35.15

## #26 Men 45-49 500 Yard Free

State: 5:29.98 2007 Tom Belin

1	Huesbener, Wayne	47	IOWA-IA	5:54.34
		32.87	35.32	36.26
		36.68	36.47	35.85
		35.37	33.16	35.78
2	Campbell, Chris	49	MVM-PC	6:18.38
		34.22	37.01	37.63
		39.03	38.84	38.61
		38.74	37.16	38.33
3	Hill, John	46	MWM-IA	6:28.01
		35.57	38.25	39.31
		39.33	38.63	39.35
		39.82	39.51	39.61

## #26 Men 50-54 500 Yard Free

State: 5:30.86 1998 Roger Jorgensen

1	Kealy, Tom	53	SWIM-IA	5:54.17
		31.72	35.46	36.06
		36.01	35.81	36.07
		35.64	35.20	35.90
2	Kealy, Daniel	51	SWIM-IA	5:58.27
		31.38	35.07	35.76
		36.18	36.35	37.13
		37.26	36.10	36.82
3	Gierut, Ron	52	MWM-IA	6:46.61
		36.50	39.39	40.79
		41.71	42.22	41.79
		40.93	39.52	42.14

## #26 Men 55-59 500 Yard Free

State: 5:48.81 2006 Jack Fritts

1	Fritts, Jack	59	MWM-IA	5:50.79
		32.72	34.06	34.89
		35.89	36.15	35.79
		35.72	34.29	35.66
2	Jasper, Duane	59	UNAT	7:40.33
		36.77	44.22	47.26
		46.64	48.07	48.49
		49.30	45.12	48.35
---	Eggar, Jack	57	ELGIN-IL	NS

## #26 Men 60-64 500 Yard Free

State: 6:25.64 1996 J.C. Brenton

1	Sheehy, Michael	62	MWM-IA	10:20.55
		48.49	56.15	1:01.73
		1:05.85	1:06.73	1:06.64
		1:06.75	59.35	1:06.87

## #27 Women 18-24 50 Yard Fly

State: 26.48 2006 Kim Schmutge

1	Huey, Layne	24	MWM-IA	31.47
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## #27 Women 25-29 50 Yard Fly

State: 26.88 2007 Kimberly Schmutge

1	Schmutge, Kimberly	28	WIMPS-IL	27.55
2	Sears, Maria	27	MWM-IA	28.65

## #27 Women 30-34 50 Yard Fly

State: 28.19 2001 Blanca Castillo-Lehnert

1	Lapointe, Allie	31	MWM-IA	33.34
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## #27 Women 40-44 50 Yard Fly

State: 29.54 2004 Ann Kennedy

1	Sherlock, Ann L	40	MOVY-MV	33.11
2	Delaet, Debra	42	ICE-IA	35.81
3	Fox, Elizabeth	41	QCM-IA	38.60

## #27 Women 45-49 50 Yard Fly

State: 35.56 2006 Mary Davenport

1	Ryan, Sara	47	QCM-IA	40.74
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## #28 Men 18-24 50 Yard Fly

State: 23.63 2003 Shawn DeBoef

1	Sorensen, Jacob	24	MWM-IA	26.21
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## #28 Men 25-29 50 Yard Fly

State: 24.20 1996 Kelly Hackett

1	Sinnott, Matt	25	MWM-IA	25.54
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## #28 Men 30-34 50 Yard Fly

State: 23.95 2004 Jason Hansen

1	Llado, Lucas	33	ICE-IA	32.42
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## #28 Men 40-44 50 Yard Fly

State: 25.00 2007 Joe Barger

1	Barger, Joe	43	MWM-IA	25.27
2	Tyler, Chris	40	MWM-IA	26.93
3	Lindsey, Tom	41	ICFE-IA	30.10

## #28 Men 45-49 50 Yard Fly

State: 24.35 2009 David Ross

1	Lewis, Mark	45	MWM-IA	28.09
2	Clauss, Jeff	49	QCM-IA	35.82

## #28 Men 50-54 50 Yard Fly

State: 27.40 2008 Steven Lentz

1	Kealy, Tom	53	SWIM-IA	29.87
2	Brown, Jeff	52	MWM-IA	33.67
---	Green, Thomas	52	MWM-IA	NS

## #28 Men 55-59 50 Yard Fly

State: 29.66 2005 Roger Jorgensen

1	Bower, Norman	56	QCM-IA	31.26
2	Ryan, Martin	59	UNAT	49.04

## #28 Men 60-64 50 Yard Fly

State: 28.72 2010 Tom Proctor

1	Proctor, Tom	60	MWM-IA	28.72
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## #29 Women 18-24 100 Yard Breast

State: 1:13.59 2005 Sarah Allen

1	Holten, Chelsey	19	MWM-IA	1:21.72
		37.99	43.73	
2	Mickelson, Amanda	22	MWM-IA	1:24.23
		38.90	45.33	

## #29 Women 30-34 100 Yard Breast

State: 1:14.90 2002 Blanca Castillo-Lehnert

1	Meyer, Camille	33	MWM-IA	1:23.74
		37.67	46.07	

## #29 Women 40-44 100 Yard Breast

State: 1:16.47 1988 Ginger Pierson

1	McNeilly, Cheryl	43	ICE-IA	1:27.31
		41.11	46.20	
2	Kann, Julie	42	MWM-IA	1:30.98
		42.80	48.18	

## #29 Women 45-49 100 Yard Breast

State: 1:14.12 2002 Luanne Beinke

---	Armstrong, Tonya	48	MMS-IA	NS
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## #29 Women 50-54 100 Yard Breast

State: 1:36.52 2009 Amy Groskopf

1	Groskopf, Amy	51	QCM-IA	1:36.67
		44.56	52.11	

## #29 Women 70-74 100 Yard Breast

State: 2:10.73 2000 Jodie McKay

1	Sharp, Glenda	74	MWM-IA	3:08.99
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## #30 Men 30-34 100 Yard Breast

State: 59.95 1999 Rob Leyshon

1	Grafft, Clay	30	WIMPS-IL	1:03.66
		30.25	33.41	

## #30 Men 45-49 100 Yard Breast

State: 1:06.37 2003 Steve Hugo

1	Belin, Tom	48	MWM-IA	1:13.13
		34.30	38.83	

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

<b>(#30 Men 45-49 100 Yard Breast)</b>				2 QCM-IA A 2:32.85				<b>#33 Women 55-59 100 Yard Free</b>						
2	Gilchrist, Brad	46	ICE-IA	1:27.38	Bower, Norman M56	Clauss, Jeff M49		<b>State: 1:17.85 1985 Judy Chadima</b>						
	41.86	45.52			Ryan, Sara W47	Groskopf, Amy W51		1	Hannon, Barbara	59	MWM-IA	1:26.33		
---	Huesbener, Wayne	47	IOWA-IA	NS	36.64	44.61	34.33	37.27	41.66	44.67				
<b>#30 Men 50-54 100 Yard Breast</b>				<b>#33 Women 18-24 100 Yard Free</b>				<b>#34 Men 18-24 100 Yard Free</b>						
<b>State: 1:08.90 2008 Steve Hugo</b>				<b>State: 55.30 1987 Kim Peterson</b>				<b>State: 49.27 1995 Kelly Hackett</b>						
1	Morosky, Frank	50	MWM-IA	1:15.71	1	Huey, Layne	24	MWM-IA	1:05.18	1	Sorensen, Jacob	24	MWM-IA	54.09
	35.84	39.87				31.75	33.43				27.06	27.03		
2	Brown, Jeff	52	MWM-IA	1:17.40	2	Holten, Chelsey	19	MWM-IA	1:05.98	<b>#34 Men 25-29 100 Yard Free</b>				
	37.59	39.81				31.77	34.21			<b>State: 44.90 2005 Peder Skoog</b>				
<b>#30 Men 55-59 100 Yard Breast</b>				<b>#33 Women 25-29 100 Yard Free</b>				<b>#34 Men 30-34 100 Yard Free</b>						
<b>State: 1:11.84 2007 Steve Shippey</b>				<b>State: 55.05 1988 Kim Peterson</b>				<b>State: 48.07 2004 Jason Hansen</b>						
1	Klahn, Bill	56	MWM-IA	1:19.80	1	Sears, Maria	27	MWM-IA	58.25	1	Goldsmith, Craig	27	MWM-IA	1:12.10
	38.35	41.45				28.54	29.71				32.98	39.12		
---	Campana, James	58	ELGIN-IL	NS	2	Schmugge, Kimberly	28	WIMPS-IL	1:00.15	2	Brink, Beau	27	MWM-IA	1:19.60
						28.68	31.47				36.24	43.36		
<b>#31 Mixed 18+ 200 Yard Medley Relay</b>				<b>#33 Women 30-34 100 Yard Free</b>				<b>#34 Men 35-39 100 Yard Free</b>						
<b>State: 2:07.85</b>				<b>State: 56.21 1997 Rachel Windsor</b>				<b>State: 50.01 2005 Joe Barger</b>						
1	MWM-IA	A	2:07.85	1	Kilgore, Sara	34	MWM-IA	1:05.09	1	Kilgore, Jerald	35	MWM-IA	1:02.38	
	Sorensen, Jacob M24	Holten, Chelsey W19				29.91	35.18				29.35	33.03		
	Huey, Layne W24	Goldsmith, Craig M27			2	Meyer, Camille	33	MWM-IA	1:10.07	2	Roberts, Christopher	39	UNAT	1:21.47
	28.83	37.24	31.12	30.66		32.34	37.73				38.89	42.58		
<b>#31 Mixed 25+ 200 Yard Medley Relay</b>				<b>#33 Women 35-39 100 Yard Free</b>				<b>#34 Men 40-44 100 Yard Free</b>						
<b>State: 2:04.37</b>				<b>State: 55.39 1998 Rachel Windsor</b>				<b>State: 50.49 2007 Joe Barger</b>						
1	MWM-IA	B	2:04.37	1	Vorkies, Stacey	39	MNS-MN	1:01.38	1	Willits, Dave	44	MWM-IA	54.09	
	Sears, Maria W27	Breffle, Barry M39				29.51	31.87				26.04	28.05		
	Kilgore, Jerald M35	Kilgore, Sara W34		---	Stapley, Denise	39	MWM-IA	NS	2	Ruther, Brent	42	BEAST-IA	57.48	
	29.89	34.05	32.31	28.12							27.55	29.93		
2	MWM-IA	C	2:06.61	<b>#33 Women 40-44 100 Yard Free</b>				<b>#34 Men 45-49 100 Yard Free</b>						
	Tyler, Chris M40	Meyer, Camille W33		<b>State: 56.60 2005 Susan Rognes</b>				<b>State: 52.27 2007 David Ross</b>						
	Lewis, Mark M45	Stapley, Denise W39		1	Greco, Liesa	43	MWM-IA	1:22.71	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	30.39	36.76	28.24	31.22		1:22.94					32.26	34.21		
3	MWM-IA	E	2:22.55	<b>#33 Women 45-49 100 Yard Free</b>				<b>#34 Men 50-54 100 Yard Free</b>						
	Belin, Tom M48	Hill, John M46		<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 53.88 1998 Roger Jorgensen</b>						
	Lapointe, Allie W31	Rausch, Jody W41		1	Hanson, Louise	45	MWM-IA	1:02.76	1	Kealy, Tom	53	SWIM-IA	58.34	
	29.63	40.43	33.93	38.56		30.17	32.59				27.78	30.56		
4	ICE-IA	A	2:25.02	2	Ryan, Sara	47	QCM-IA	1:18.22	2	Morosky, Frank	50	MWM-IA	58.60	
	Delaet, Debra W42	McNeilly, Cheryl W43				36.09	42.13				28.50	30.10		
	Llado, Lucas M33	Gilchrist, Brad M46		---	Armstrong, Tonya	48	MMS-IA	NS	3	Hill, John	46	MWM-IA	1:09.73	
	39.10	40.24	31.93	33.75							33.15	36.58		
5	MWM-IA	G	2:35.23	<b>#33 Women 50-54 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
	Raymon, Rachel W23	Fritts, Jack M59		<b>State: 1:07.57 2004 Luanne Beinke</b>				<b>State: 53.88 1998 Roger Jorgensen</b>						
	Meyer, Carrie W31	Gearhart, Nick M58		1	Finseth, Ann	53	MNS-MN	1:25.73	1	Hannon, Barbara W59				
	42.15	38.80	1:14.28			41.61	44.12							
<b>#31 Mixed 35+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:31.32</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	D	2:31.32	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Kann, Julie W42	Schneidermann, Tanya W44				30.17	32.59				32.26	34.21		
	Willits, Dave M44	Ballou, Keith M44		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	39.63	44.18	28.18	39.33		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1	MWM-IA	F	2:25.02	1	Hanson, Louise	45	MWM-IA	1:02.76	1	Clauss, Jeff	49	QCM-IA	1:06.47	
	Morosky, Frank M50	Brown, Jeff M52				30.17	32.59				32.26	34.21		
	Hanson, Louise W45	Hannon, Barbara W59		2	Ryan, Sara	47	QCM-IA	1:18.22	2	Gilchrist, Brad	46	ICE-IA	1:06.74	
	34.86	36.81	33.48	39.87		36.09	42.13				31.94	34.80		
<b>#31 Mixed 45+ 200 Yard Medley Relay</b>				<b>#33 Women 55-59 100 Yard Free</b>				<b>#34 Men 55-59 100 Yard Free</b>						
<b>State: 2:25.02</b>				<b>State: 1:02.76 2010 Louise Hanson</b>				<b>State: 52.27 2007 David Ross</b>						
1														

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #34 Men 55-59 100 Yard Free

State: 55.89 2007 Steve Shippey

1	Eggar, Jack	57	ELGIN-IL	55.06
		26.66	28.40	
2	Klahn, Bill	56	MWM-IA	1:12.83
		35.45	37.38	
3	Jasper, Duane	59	UNAT	1:17.48
		36.27	41.21	
4	Gearhart, Nick	58	MWM-IA	1:20.51
		36.90	43.61	
5	Ryan, Martin	59	UNAT	1:28.31
		41.50	46.81	
---	Campana, James	58	ELGIN-IL	NS

## #34 Men 60-64 100 Yard Free

State: 1:00.78 2010 Tom Proctor

1	Proctor, Tom	60	MWM-IA	1:00.78
		29.64	31.14	
2	Gronemeyer, Steven	63	MWM-IA	1:13.21
		35.72	37.49	
3	Sheehy, Michael	62	MWM-IA	1:35.37
		44.86	50.51	

## #35 Women 18-24 50 Yard Back

State: 33.46 1995 Kelly McGrew

1	Mickelson, Amanda	22	MWM-IA	38.82
2	Raymon, Rachel	23	MWM-IA	42.63

## #35 Women 25-29 50 Yard Back

State: 28.46 2007 Kimberly Schmutge

1	Schmutge, Kimberly	28	WIMPS-IL	32.21
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## #35 Women 35-39 50 Yard Back

State: 31.32 2004 Sarah Patterson

1	Vorkies, Stacey	39	MNS-MN	34.15
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## #35 Women 40-44 50 Yard Back

State: 34.06 1993 Kristin Jurik

1	Fox, Elizabeth	41	QCM-IA	37.71
2	Kann, Julie	42	MWM-IA	38.85

## #35 Women 80-84 50 Yard Back

State: 57.44 2010 Judy Chadima

1	Chadima, Judy	80	MWM-IA	57.44
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## #36 Men 25-29 50 Yard Back

State: 23.64 2005 Peder Skoog

1	Sinnott, Matt	25	MWM-IA	27.72
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## #36 Men 45-49 50 Yard Back

State: 25.65 2009 David Ross

1	Belin, Tom	48	MWM-IA	29.13
2	Lewis, Mark	45	MWM-IA	31.86
3	Clauss, Jeff	49	QCM-IA	38.41

## #36 Men 50-54 50 Yard Back

State: 28.62 2010 Daniel Kealy

1	Kealy, Daniel	51	SWIM-IA	28.62
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## #36 Men 55-59 50 Yard Back

State: 31.76 2004 Roger Jorgensen

1	Bower, Norman	56	QCM-IA	33.33
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## #36 Men 60-64 50 Yard Back

State: 34.90 2010 Tom Proctor

1	Proctor, Tom	60	MWM-IA	34.90
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## #37 Women 40-44 200 Yard Fly

State: 2:39.92 2004 Rachel Stauffer

1	Sherlock, Ann L	40	MOVY-MV	2:47.34
		35.95	41.63	44.21
				45.55

## #38 Men 35-39 200 Yard Fly

State: 2:11.59 1988 Howard Bunch

1	Breffle, Barry	39	MWM-IA	2:54.34
		34.13	40.65	46.97
				52.59

## #38 Men 40-44 200 Yard Fly

State: 2:14.90 2004 Mark Booth

1	Tyler, Chris	40	MWM-IA	2:38.32
		33.09	39.29	43.37
				42.57
---	Lindsey, Tom	41	ICFE-IA	NS

## #38 Men 45-49 200 Yard Fly

State: 2:14.75 2009 Tim Brown

1	Campbell, Chris	49	MVM-PC	3:08.02
		39.16	45.82	52.62
				50.42

## #39 Women 25-29 100 Yard IM

State: 1:03.08 2007 Jessica Crawford

1	Sears, Maria	27	MWM-IA	1:07.37
		30.88	36.49	

## #39 Women 30-34 100 Yard IM

State: 1:05.09 1996 Sarah Patterson

1	Meyer, Camille	33	MWM-IA	1:23.64
		40.07	43.57	

## #39 Women 35-39 100 Yard IM

State: 1:05.97 2004 Sarah Patterson

---	Dennis, Wendy	39	MWM-IA	DQ
		35.27	41.85	

## #39 Women 40-44 100 Yard IM

State: 1:06.34 2004 Ann Kennedy

1	McNeilly, Cheryl	43	ICE-IA	1:20.85
		36.99	43.86	
2	Delaet, Debra	42	ICE-IA	1:21.55
		37.30	44.25	
3	Kann, Julie	42	MWM-IA	1:24.60
		38.88	45.72	
4	Fox, Elizabeth	41	QCM-IA	1:25.65
		38.69	46.96	
5	Schneidermann, Tanya	40	MWM-IA	1:31.36
		45.57	45.79	

## #39 Women 45-49 100 Yard IM

State: 1:12.58 2010 Louise Hanson

1	Hanson, Louise	45	MWM-IA	1:12.58
		33.61	38.97	

2	Ryan, Sara	47	QCM-IA	1:32.86
		45.24	47.62	

## #39 Women 50-54 100 Yard IM

State: 1:21.84 2007 Mary Weideman

1	Groskopf, Amy	51	QCM-IA	1:36.40
		47.38	49.02	

## #39 Women 60-64 100 Yard IM

State: 1:32.97 1990 Judy Chadima

1	Lane, Virginia	63	IOWA-IA	2:27.67
		1:11.84	1:15.83	

## #39 Women 70-74 100 Yard IM

State: 2:22.15 2008 Glenda Sharp

1	Sharp, Glenda	74	MWM-IA	2:51.64
		1:19.98	1:31.66	

## #40 Men 18-24 100 Yard IM

State: 57.31 2003 Shawn DeBoef

1	Sorensen, Jacob	24	MWM-IA	59.11
		27.83	31.28	

## #40 Men 30-34 100 Yard IM

State: 54.17 2004 Jason Hansen

1	Grafft, Clay	30	WIMPS-IL	59.24
		28.14	31.10	

## #40 Men 40-44 100 Yard IM

State: 57.80 2007 Joe Barger

1	Barger, Joe	43	MWM-IA	59.43
		27.56	31.87	
2	Willits, Dave	44	MWM-IA	1:02.06
		29.34	32.72	

## #40 Men 45-49 100 Yard IM

State: 57.44 2009 David Ross

1	Huesbener, Wayne	47	IOWA-IA	1:08.93
		34.26	34.67	
2	Gilchrist, Brad	46	ICE-IA	1:20.89
		38.91	41.98	
3	Hill, John	46	MWM-IA	1:20.99
		38.89	42.10	
4	Clauss, Jeff	49	QCM-IA	1:21.50
		38.04	43.46	

## #40 Men 50-54 100 Yard IM

State: 1:02.98 2008 Steve Hugo

1	Jones, Steven	51	UNAT	1:08.33
		32.91	35.42	
2	Morosky, Frank	50	MWM-IA	1:09.21
		33.13	36.08	

## #40 Men 55-59 100 Yard IM

State: 1:04.72 2007 Steve Shippey

1	Ryan, Martin	59	UNAT	1:46.65
		49.28	57.37	
---	Bower, Norman	56	QCM-IA	NS

## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #40 Men 60-64 100 Yard IM

State: 1:17.40 1997 J.C. Brenton

1	Gronemeyer, Steven	63	MWM-IA	1:34.50
		47.20	47.30	

## #41 Women 18+ 200 Yard Free Relay

1	MWM-IA	A	2:04.63
	Huey, Layne W24	Holten, Chelsey W19	
	Mickelson, Amanda W22	Raymon, Rachel W23	
	29.23	30.31	31.13 33.96

## #41 Women 25+ 200 Yard Free Relay

1	MWM-IA	B	1:58.13
	Sears, Maria W27	Kilgore, Sara W34	
	Meyer, Carrie W31	Meyer, Camille W33	
	32.28	29.03	30.02 26.80
2	MWM-IA	C	2:12.97
	Lapointe, Allie W31	Stapley, Denise W39	
	Kann, Julie W42	Schneidermann, Tanya W44	
	31.51	31.60	35.12 34.74

## #41 Women 35+ 200 Yard Free Relay

1	MWM-IA	D	2:31.87
	Hanson, Louise W45	Rausch, Jody W41	
	Gierut, Dottie L W52	Hannon, Barbara W59	
	29.69	40.25	41.58 40.35

## #42 Men 18+ 200 Yard Free Relay

1	MWM-IA	A	2:09.27
	Sorensen, Jacob M24	Goldsmith, Craig M27	
	Brink, Beau M27	Mendoza, Tonatiuh M25	
	32.29	34.76	35.17 27.05

## #42 Men 25+ 200 Yard Free Relay

1	MWM-IA	B	1:45.65
	Tyler, Chris M40	Willits, Dave M44	
	Bowers, Ben M31	Kilgore, Jerald M35	
	26.01	27.77	27.07 24.80
2	MWM-IA	C	2:05.68
	Breffle, Barry M39	Belin, Tom M48	
	Garson, Trevor M25	Ballou, Keith M44	
	27.73	26.03	34.83 37.09

## #42 Men 55+ 200 Yard Free Relay

1	MWM-IA	D	2:05.62
	Proctor, Tom M60	Fritts, Jack M59	
	Gearhart, Nick M58	Gronemeyer, Steven M63	
	32.97	27.29	31.58 33.78

## #43 Women 18-24 1000 Yard Free

State: 11:13.60 1988 Judy E. White

---	Huey, Layne	24	MWM-IA	NS
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## #43 Women 25-29 1000 Yard Free

State: 11:37.50 1988 Ramona Seaman

1	Gregory, Amanda	28	MWM-IA	19:00.53
		46.98	54.40	58.22 58.12
		1:00.01	58.71	59.56 59.26
		1:00.46	57.19	57.47 58.55
		58.18	58.34	55.94 57.20
		57.05	56.09	56.73 52.07

## #43 Women 40-44 1000 Yard Free

State: 11:48.01 2006 Rachel Stauffer

1	McNeilly, Cheryl	43	ICE-IA	13:59.32
		37.97	41.21	41.90 41.80
		42.20	41.96	42.28 44.69
		42.69	42.28	42.66 42.45
		42.38	42.61	42.16 41.84
		42.55	42.12	41.79 39.78
2	Rausch, Jody	41	MWM-IA	17:40.67
		44.67	51.06	53.89 53.66
		55.12	51.80	53.87 54.19
		53.29	53.00	53.95 53.62
		53.73	53.51	53.52 54.32
		53.94	54.34	54.12 51.07

## #44 Men 25-29 1000 Yard Free

State: 10:22.45 1992 Paul Eure

1	Goldsmith, Craig	27	MWM-IA	15:16.09
		35.32	42.18	44.35 45.59
		45.85	47.51	47.15 47.49
		47.86	48.48	46.89 47.88
		46.15	45.87	46.17 47.23
		47.44	47.73	45.42 43.53
2	Garson, Trevor	25	MWM-IA	17:07.83
		40.52	45.88	49.12 50.57
		52.68	53.22	52.22 52.03
		52.76	53.13	52.20 53.44
		54.05	53.63	52.79 52.65
		53.74	52.49	52.00 48.71
3	Brink, Beau	27	MWM-IA	19:16.86
		40.96	51.65	55.78 58.22
		58.43	59.96	1:00.53 1:01.12
		59.29	1:00.88	59.91 1:00.43
		59.80	1:00.52	59.77 1:00.74
		59.96	57.83	57.47 53.61

## #44 Men 40-44 1000 Yard Free

State: 11:14.25 2009 Todd Walter

---	Walther, Daniel	44	UNAT	NS
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## #44 Men 50-54 1000 Yard Free

State: 11:23.66 2007 Kevin Meacham

1	Gierut, Ron	52	MWM-IA	13:48.04
		36.51	40.55	41.31 42.05
		41.63	41.88	41.90 41.85
		41.75	41.94	42.37 42.04
		42.00	41.92	41.48 41.75
		41.65	42.35	41.46 39.65

## #44 Men 55-59 1000 Yard Free

State: 11:51.67 2006 Jack Fritts

1	Gearhart, Nick	58	MWM-IA	15:47.56
		40.99		46.85
		47.15	48.25	47.81 48.30
		47.71	47.84	47.93 48.62
		48.41	48.30	48.15 47.87
		48.05	47.45	47.58 46.22

## #46 Men 25-29 1650 Yard Free

State: 17:45.78 1992 Paul Eure

1	Weber, Bret	25	MWM-IA	23:53.01
		37.85	41.03	42.17 42.58
		43.73	42.97	44.72 43.84
		43.68	43.71	44.07 44.04
		44.25	44.07	43.85 43.25
		44.10	43.88	43.94 44.34
		44.23	44.27	43.62 43.66
		44.02	43.85	44.09 43.72
		44.26	43.88	43.85 43.65
		39.84		
2	Richey, Joey	28	MWM-IA	26:27.92
		45.41	48.84	48.55 49.24
		48.88	48.49	48.50 48.60
		49.00	48.50	48.07 47.81
		47.87	48.43	47.23 47.63
		48.19	48.78	47.45 48.71
		47.98	47.56	48.45 48.38
		49.14	47.94	48.60 47.25
		48.21	48.21	47.32 48.43
		46.27		
3	Mendoza, Tonatiuh	25	MWM-IA	30:16.65
		47.23	50.94	52.45 54.36
		54.42	54.17	55.88 55.09
		55.55	55.07	56.49 54.76
		57.07	55.40	55.53 55.62
		54.36	56.67	56.18 56.42
		56.78	56.39	56.46 57.30
		56.32	55.91	55.96 54.31
		55.57	55.44	54.51 56.15
		51.89		

## #46 Men 35-39 1650 Yard Free

State: 18:28.78 1997 Ken Brenton

1	Breffle, Barry	39	MWM-IA	21:24.88
		34.90	37.20	38.64 39.19
		39.03	39.47	39.15 39.09
		39.01	38.88	39.29 39.44
		39.49	39.40	39.90 39.25
		39.60	39.77	40.10 39.26
		38.98	38.88	39.25 38.91
		39.20	39.22	39.19 38.49
		39.27	39.08	38.92 38.71
		36.72		

## #46 Men 40-44 1650 Yard Free

State: 18:52.98 2009 Todd Walter

1	Ruther, Brent	42	BEAST-IA	19:50.74
		31.70	35.01	35.38 35.78
		36.15	35.91	36.37 36.54
		35.83	36.46	36.63 36.42
		36.46	36.85	36.71 36.20
		36.31	36.23	36.02 36.02
		36.32	36.26	36.40 36.32
		36.78	36.77	36.93 36.81
		36.65	36.23	36.09 35.42
		34.78		



## 2010 Iowa Masters State Championships - 3/20/2010

## Results

## #46 Men 45-49 1650 Yard Free

State: 19:41.25 1994 Roger Jorgensen

--- Huesbener, Wayne 47 IOWA-IA NS

## #46 Men 55-59 1650 Yard Free

State: 19:57.36 2007 Jack Fritts

1	Klahn, Bill	56	MWM-IA	26:50.89
	46.80	48.66	49.80	48.38
	50.04	49.85	49.83	49.09
	49.00	48.78	48.88	48.91
	48.86	49.57	49.80	49.30
	48.90	48.91	49.37	48.30
	49.97	49.74	49.80	48.53
	48.32	48.78	49.60	48.83
	48.34	47.70	48.77	47.85
	43.63			

8.	Elgin Blue Wave Masters	36
10.	Iowa City Flying Eels	25
10.	Burlington Endurance Athlete S	25
12.	Central Iowa Aquatics Masters	22

## Combined Team Scores

## Combined Team Scores - Through Event 46

1.	Milky Way Master	2032
2.	Quad City Masters	225
3.	Iowa City Eels	149
4.	Unattached	148
5.	Southwest Iowa Masters	95
6.	Hawkeye Masters	88
7.	Western Illinois Masters Progr	77
8.	Minnesota Masters	52
9.	Mountain View Masters	39
10.	Elgin Blue Wave Masters	36
11.	Missouri Valley Masters Swimmi	27
12.	Burlington Endurance Athlete S	25
12.	Iowa City Flying Eels	25
14.	Central Iowa Aquatics Masters	22

## Scores - Women

## Women - Team Rankings - Through Event 46

1.	Milky Way Master	773
2.	Quad City Masters	121
3.	Iowa City Eels	75
4.	Minnesota Masters	52
5.	Hawkeye Masters	45
6.	Western Illinois Masters Progr	41
7.	Missouri Valley Masters Swimmi	27
8.	Unattached	16

## Scores - Men

## Men - Team Rankings - Through Event 46

1.	Milky Way Master	1049
2.	Unattached	132
3.	Southwest Iowa Masters	95
4.	Quad City Masters	72
5.	Iowa City Eels	64
6.	Hawkeye Masters	43
7.	Mountain View Masters	39
8.	Western Illinois Masters Progr	36