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FOR HEALTHY LIVING  
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# A LITTLE HEALTHY COMPETITION

## SWIA 2018 Fall Swim Meet

Swimmers may enter up to 5 individual events, not including relays. All paper entries must be received by Friday, September 21 and web entries must be completed by Wednesday, September 26. Deck entries are accepted, but new heats will not be added. Swimmers must pre-register for the 800 and 1500.

This is a sanctioned meet and will only be open to USMS members. We will require a copy of your current registration card with paper entries.

Age Ruling: USMS 2018 Rule 102.2.2 For short course meters and long course meters, the eligibility of a participant for a particular age group shall be determined by the age as of December 31 of the year of competition.

**Fees:** Save with early registration (before Sept. 5): \$20

Regular registration (Sept. 6-26): \$25 • Day of deck entries: \$30

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**Location:** Kirn Pool  
100 North Avenue  
Council Bluffs, IA 51503

**Date:** October 6th, 2018

**Time:** Warm up: 10:00 am  
Meet: 11:00 am

**Download the entry form  
at [www.swiaswim.com](http://www.swiaswim.com)**



Please note: Checks will not be accepted. Please bring cash or a credit card.