

2019 Davenport West High Beth Calabotta Swim Challenge

SATURDAY, AUGUST 3 1, 2019

1-Mile or Half-Mile Swim Challenge

The 3rd Annual Beth Calabotta Swim Challenge will be held at Davenport West High on Aug 31, starting at 7 a.m. Participants have the opportunity to complete a 1-mile or half-mile swim, or water walk or 30-minute aquacize. The suggested donation to participate is \$25 with 100% going to The Cancer Couch Foundation for metastatic cancer research. **Participants are encouraged to get sponsors for their efforts who will donate to Cancer Couch research--THANKS!** Beth (Godwin) Calabotta was a 1985 Davenport West High grad who passed away from cancer in March 2017. She believed in health through physical activity, especially swimming.



Name: _____ Date: _____
Address: _____ City/State: _____
Email: _____ Cell Phone: _____

Event (Circle One): 1 Mile Swim Half-Mile Swim Water-walk Aquacize

Gender: Male Female Date of Birth: _____ Age: _____

Est. Finish Time _____ Requested A.M. Start Time (Please circle): 7:30 / 8:30 / 9:30

Emergency Contact Name: _____ Phone: _____

If you prefer not to swim but want to contribute, please make your check payable to Cancer Couch Foundation and send to Ruth Johnson at 2627 Middle Road, Davenport, IA 52803. THANKS!

Please read carefully before signing.

I understand and acknowledge that by signing below, I am legally agreeing to the terms and rules for the event.

Terms: 1. I understand that I take part in the event at my own risk and of my own free will. I understand that while the swim has been made as safe as possible, this event is not without risk and that the events require varying degrees of physical exertion. 2. I confirm that I do not know of any medical reason why I cannot participate in the event and that I have prepared accordingly. I understand that if in doubt about my health or if I have a medical condition that could be affected by exercise (other than what was already stated), particularly a heart condition, I should obtain my doctor's approval before participating. 3. I understand that the organizers may take photographs or video footage of me taking part in the event and I permit them to use the images and film for promotional purposes.



SIGNATURE

DATE

**Please mail the completed form and entry fee payable to Cancer Couch Foundation to:
Ruth Johnson, 2627 Middle Road, Davenport, IA 52803 by August 25, 2019. Deck entries are allowed.**