

2023 Iowa Masters Short Course State Championship Swimming Meet
Saturday, March 25, 2023

U.S. Masters Swimming Sanction Number: 403-S001

Hosted by: Iowa Flyers Swim Club; University of Iowa Recreational Services

Location: Campus Recreation and Wellness Center, 309 S Madison St, Iowa City, IA 52240
Warm-ups at 11:00 AM
Meet Begins at 12:00PM.

Sanction: Sanctioned by Iowa Masters Swimming for USMS Inc.

Pool: Eight lane 25 yards, with non-turbulent lane markers, backstroke flags, electronic timing system with touch-pads and generous spectator seating. There is an additional pool that will be available for warm-up/warm down throughout the meet. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1 but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Awards: Team: Traveling trophy for first place.
Team Scoring:
Individual events: 9-7-6-5-4-3-2-1; relay events: 18-14-12-10-8-6-4-2.
Generally your "team" is the city or town where you live. See "team definition" below.

Rules: 2023 U.S.M.S. rules prevail.
Individual competition is age groups, 18-24, 25-29, 30-34, 35- 39, etc.
Age as of March 26, 2023 determines age for the meet.

Relay age groups are: 18+, 25+, 35+, 45+, etc. The age of the youngest swimmer determines the age of the relay.

Eligibility: Open to all swimmers with current U.S. Masters swimming cards. Participants must be registered U.S.M.S. athletes. Although registrations can be completed the day of the meet, it is strongly recommended that individuals complete their 2022 USMS registration prior to entering the meet. Registration may be done by visiting the USMS website at usms.org.

Event Limit: Swimmers may enter a maximum of six (6) individual events. A swimmer may enter each relay once. Swimmers may enter either the 1000 or 1650 freestyle, but not both.

Entry Fees:

\$34.00 entry fee + \$1.00 splash fee = \$35.00.

(A late fee of \$10.00 will be added to all entries not received by Friday, March 24, 2023)

Make checks payable to Iowa Flyers Swim Club. The splash fee is for the promotion of Masters Swimming in Iowa.

Entry Deadline: Noon, Friday, March 24, 2023

Entries received without payment will not be processed. Late entries will be accepted until 11:15 a.m. on Saturday, March 25, 2023. Late entries will be assessed an additional \$10.00 late fee.

Seed Times: Submit latest times for 25-yard course. Enter "NT" for no time.

Scratches: Swimmers not reporting for events will be scratched. No refunds.

Entries Submission: Entries will be accepted by mail or email. If submitting entries by mail, make sure payment by check is sent with the entries at that time.

All checks should be payable to: Iowa Flyers Swim Club.

Checks should be mailed to: Iowa Flyers Swim Club, 309 S Madison St, Iowa City, IA 52240

Electronic entries are preferred. Please send electronic entries to: iflyentries@gmail.com

Entries will not be processed without payment. Once the entry deadline has passed, entries without payment will be considered late and late fees will be assessed. Feel free to contact Jackson Leonard at jackson-leonard@uiowa.edu with any questions.

Distance Events: The distance events will be deck-seeded. Distance swimmers must check in at the computer table to confirm their entry in the event. Entry cards for relay events can be completed at the meet or submitted with this entry form.

Team Definitions: All U.S.M.S. swimmers registered in the state of Iowa are officially members of the same "Iowa Masters" club.

FOR THE PURPOSES OF THIS MEET ONLY, in order to have a sporting competition for a State Championship Team Trophy, a "Team" is defined as follows:

1. A team must have a designated City or Town which is a single city or town in Iowa.
2. Every team member must reside in the designated city or town, or swim regularly (at least 20 times per year) at a pool within 25 miles of the designated city or town.
3. Relays: To score team points, relays must consist of the members from a single team.
4. Entrants residing outside of Iowa and who have an "Iowa Masters" USMS card may swim for an Iowa team if rule 2 is satisfied.
5. Teams outside the state of Iowa may score points but are not eligible for the team trophy.