

OFFICIAL ENTRY FORM
2024 FIRST ANNUAL COUGAR HOLIDAY RELAYS MASTERS SWIM MEET
U.S. Masters Swimming Sanction Number:

Saturday, December 7, 2024

NAME _____ SEX _____ AGE _____
(age as of December 7, 2024)

ADDRESS _____

EMAIL _____

CELL PHONE _____

USMS Membership Number _____

TEAM _____ AGE GROUP _____

EVENTS (Enter Seed Time or NT for No Time. NO event limit)

- | | | |
|----|--------------------------|-------------------------------|
| 1. | | |
| 2. | 400 Medley _____ | 10. 300 Fly _____ |
| 3. | 150 Fly _____ | 11. 300 IM (*) _____ |
| 4. | 300 IM _____ | 12. 300 Back _____ |
| 5. | 150 Free _____ | 13. 150 Breast _____ |
| 6. | 300 Breast _____ | 14. 300 Free _____ |
| 7. | 150 Back _____ | 15. 500 Distance Medley _____ |
| 8. | 500 Distance Free _____ | 16. 1500 Free _____ |
| 9. | 100 Free (T-Shirt) _____ | |
| 9. | 800 Free _____ | |

- *Four swimmers swimming 75 IM (FL-BK-BR)