

Iowa Masters Swimming Records - Individual
SCY - SHORT COURSE YARDS

Updated June 2023

30 - 34 Men

Event	Name	Time	Date
50 FREE	Ryan Phelan	:20.55	03/25/23
100 FREE	Jason Hansen	:48.07	03/28/04
200 FREE	Jason Hansen	1:47.93	03/28/04
500 FREE	Tomasz Gawronski	5:00.08	08/02/97
1000 FREE	Ken Brenton	10:57.15	04/12/92
1650 FREE	Tomasz Gawronski	17:42.37	08/02/97
50 BACK	Jason Hansen	:25.77	03/28/04
100 BACK	Ken Brenton	:54.69	03/20/93
200 BACK	Ken Brenton	2:01.27	04/12/92
50 BREAST	Rob Leyshon	:27.60	05/17/99
100 BREAST	Rob Leyshon	:59.95	05/17/99
200 BREAST	Rob Leyshon	2:01.40	05/17/99
50 FLY	Ryan Phelan	:23.82	03/26/22
100 FLY	Aaron Hawks	:52.53	03/03/07
200 FLY	Ivan Sanchez	2:08.16	03/22/14
100 IM	Jason Hansen	:54.17	02/22/04
200 IM	Rob Leyshon	2:01.40	05/17/99
400 IM	Ivan Sanchez	4:30.89	03/06/16