

Iowa Masters Swimming Records - Individual

SCY - SHORT COURSE YARDS

Updated June 2023

35 - 39 Men

Event	Name	Time	Date
50 FREE	Scott Shephard	:22.60	03/24/12
100 FREE	Greg Moyle	:49.25	04/12/15
200 FREE	Craig Frederiksen	1:49.02	03/25/23
500 FREE	TJ Tollakson	5:00.58	04/09/16
1000 FREE	TJ Tollakson	10:23.77	04/09/16
1650 FREE	Craig Frederiksen	17:40.39	04/28/22
50 BACK	Dan Kealy	:26.62	05/08/98
100 BACK	Ken Brenton	:54.84	05/14/94
200 BACK	Ken Brenton	2:00.86	05/14/94
50 BREAST	Matt Sinnott	:29.77	04/30/23
100 BREAST	Bryan Volpp	1:03.50	04/04/93
200 BREAST	Bryan Volpp	2:18.55	04/04/93
50 FLY	Eric Crawford	:24.55	03/25/23
100 FLY	Mark Lewis	:54.55	04/16/00
200 FLY	Craig Frederiksen	2:07.99	04/28/22
100 IM	Craig Frederiksen	:56.93	01/29/23
200 IM	Bryan Volpp	2:06.73	04/04/93
400 IM	Bryan Volpp	4:29.61	04/04/93