

Iowa Masters Swimming Records - Individual
SCY - SHORT COURSE YARDS

Updated June 2023

55 - 59 Men

| Event | Name | Time | Date |
|-------------------|----------------|-------------|-------------|
| 50 FREE | Dennis Bennett | :23.25 | 07/24/21 |
| 100 FREE | Dennis Bennett | :50.55 | 07/23/21 |
| 200 FREE | Dennis Bennett | 1:52.97 | 07/25/21 |
| 500 FREE | Dennis Bennett | 5:11.21 | 07/22/21 |
| 1000 FREE | Dennis Bennett | 10:54.07 | 07/21/21 |
| 1650 FREE | Dennis Bennett | 19:15.11 | 04/10/21 |
| | | | |
| 50 BACK | David Ross | :26.39 | 06/25/17 |
| 100 BACK | David Ross | :57.40 | 06/25/17 |
| 200 BACK | Tom Belin | 2:15.15 | 04/28/17 |
| | | | |
| 50 BREAST | David Ross | :30.15 | 03/24/18 |
| 100 BREAST | Dennis Bennett | 1:09.55 | 06/11/23 |
| 200 BREAST | Dennis Bennett | 2:27.70 | 07/25/21 |
| | | | |
| 50 FLY | David Ross | :25.79 | 03/24/18 |
| 100 FLY | Tim Brown | 1:02.39 | 04/02/17 |
| 200 FLY | Tim Brown | 2:28.30 | 04/02/17 |
| | | | |
| 100 IM | David Ross | 1:00.79 | 04/02/17 |
| 200 IM | Dennis Bennett | 2:15.38 | 06/11/23 |
| 400 IM | Dennis Bennett | 4:55.19 | 05/16/21 |