

# Iowa Masters Swimming Records - Individual

## SCY - SHORT COURSE YARDS

Updated June 2023

### 25 - 29 Women

<b>Event</b>	<b>Name</b>	<b>Time</b>	<b>Date</b>
<b>50 FREE</b>	Hannah Teubel	:23.47	03/25/23
<b>100 FREE</b>	Hannah Teubel	:50.03	03/25/23
<b>200 FREE</b>	Jessica Crawford	2:03.86	04/29/07
<b>500 FREE</b>	Jessica Crawford	5:26.12	04/29/07
<b>1000 FREE</b>	Ramona Seaman	11:37.50	01/31/88
<b>1650 FREE</b>	Ramona Seaman	19:11.50	08/07/88
<b>50 BACK</b>	Hannah Teubel	26.01	03/25/23
<b>100 BACK</b>	Hannah Teubel	:56.38	03/25/23
<b>200 BACK</b>	Jessica Crawford	2:09.89	05/17/07
<b>50 BREAST</b>	Moriah Ross	:29.40	03/25/23
<b>100 BREAST</b>	Debbie Lynch	1:10.34	08/05/95
<b>200 BREAST</b>	Jennifer Smith	2:35.64	04/14/85
<b>50 FLY</b>	Hannah Teubel	:26.62	01/14/23
<b>100 FLY</b>	Hannah Teubel	:56.61	03/25/23
<b>200 FLY</b>	Jessica Crawford	2:14.50	05/17/07
<b>100 IM</b>	Moriah Ross	1:02.17	01/14/23
<b>200 IM</b>	Jessica Crawford	2:12.76	05/17/07
<b>400 IM</b>	Jessica Crawford	4:43.78	05/17/07