

Iowa Masters Short Course Yards Swimming Records Updated July, 2017

70-74 Women

Freestyle

| | | | | |
|------|---------------|----|----------|----------|
| 50 | Nancy Romalov | 71 | :35.38 | 06/25/17 |
| 100 | Nancy Romalov | 70 | 1:21.78 | 03/06/16 |
| 200 | Marilyn McKee | 72 | 3:19.30 | 07/21/01 |
| 500 | Nancy Romalov | 70 | 7:54.68 | 03/06/16 |
| 1000 | Ruth Johnson | 70 | 19:09.00 | 03/06/04 |
| 1650 | Ruth Johnson | 73 | 33:24.68 | 04/29/07 |

Backstroke

| | | | | |
|-----|-------------------|----|---------|----------|
| 50 | Judy Chadima | 70 | :44.14 | 04/27/00 |
| 100 | Judy Chadima | 70 | 1:37.43 | 04/27/00 |
| 200 | Dorothy Whitehead | 73 | 3:41.06 | 03/28/09 |

Breaststroke

| | | | | |
|-----|--------------|----|---------|----------|
| 50 | Judy Bendorf | 72 | :55.97 | 03/24/12 |
| 100 | Judy Bendorf | 72 | 2:07.96 | 03/24/12 |
| 200 | Jodie McKay | 74 | 4:51.60 | 07/15/00 |

Butterfly

| | | | | |
|-----|--------------|----|--------|----------|
| 50 | Ruth Johnson | 73 | :59.11 | 04/29/07 |
| 100 | | | | |
| 200 | | | | |

Individual Medley

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|-----|---------------|----|---------|----------|
| 100 | Nancy Romalov | 71 | 1:45.87 | 06/25/17 |
| 200 | Glenda Sharp | 70 | 5:24.52 | 04/09/06 |
| 400 | | | | |